



## KEY PERFORMANCE INDICATORS

### STRIKER

Name: \_\_\_\_\_

INDICATOR	RATING		
	VG	G	Needs Developing
<b>Skill Aspects</b>			
Recognises 1 v1 have a go			
Timing and movement off the ball, leading			
Key into rotations with other strikers and midfield			
Receiving the ball moving forward			
Communication in press			
Reaction to set up quickly in press			
Best goal scoring position			
Tackling – Steals in press			
Tackling - Steals turn and chase			
Finishing – Repertoire of shots			
Elimination E.G left to right drag - Wide			
Work rate			
Pre match preparation and post match recovery			
Core Basic Skills			
<b>Fitness Aspects</b>			
Aerobic fitness			
Acceleration			
Mobility			
Strength			
Reaction Time			
How well did they carry out the exercises or advice given by physio?			
<b>Psychological aspects</b>			
Handling pressure			
Temperament			
Concentration			
Attitude			
Behaviour			
<b>Preparation prior to team camp</b>			
How well was the conditioning program carried out?			
How well was the strength program carried out?			
<b>Comments:-</b>			

**NOTE:** Please return this report to Toowoomba Hockey Association within 2 weeks (14 days) of the completion of the Championships