



KEY PERFORMANCE INDICATORS

MID-FIELD

Name: _____

INDICATOR	RATING		
	VG	G	Needs Developing
Skill Aspects			
Rotation in outlet			
Interception lines			
Timing of movement. Leading			
Cueing into outlet. Sharp movement			
Receiving the ball moving			
Quality finishing			
Tackling 1 v1			
Tackling – Turn and chase			
Recognition when to 1 v 1 or pass			
Distribution (ability to give a penetrating pass)			
Work rate			
Pre match preparation and post match recovery			
Core Basic Skills			
Fitness Aspects			
Aerobic fitness			
Acceleration			
Mobility			
Strength			
Reaction Time			
How well did they carry out the exercises or advice given by physio?			
Psychological aspects			
Handling pressure			
Temperament			
Concentration			
Working with others			
Attitude			
Behaviour			
Preparation prior to team camp			
How well was the conditioning program carried out?			
How well was the strength program carried out?			
Comments:-			

NOTE: Please return this report to Toowoomba Hockey Association within 2 weeks (14 days) of the completion of the Championships