



Toowoomba Hockey
Association

COVID-19
Safety
Management
Plan

Under Stage 3 Restrictions

10 September 2020 Version V6



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1.0 Purpose

To reduce exposure to the spread of the Coronavirus (COVID-19).

To establish agreed protocols for the management of illness in athletes and personnel attending the THA (Toowoomba Hockey Association) Clyde Park Facility.

To enable training and Games to resume under Stage 3 of the Roadmap to easing Queensland's restrictions.

2.0 Document History & Control

This Safety Management Plan applies from Friday July 3 2020 when playing and training shall commence and is subject to directives issued by the Queensland Chief Health Officer.

It will remain in effect after 3rd July 2020 when Stage 3 of the Roadmap to easing Queensland's restrictions is enacted, or is otherwise altered, varied or discontinued when COVID-19 control measures are either rescinded or re-activated.

This Safety Management Plan is only valid on the last date of distribution; it currently resides locally with the THA President who should be contacted if you are in doubt of the authenticity or currency.

| DISTRIBUTION REGISTER | | | | |
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| REGISTER OF AMENDMENTS | | | | | |
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| Date | Page Number | Version Number | Description of Amendments | Prepared by | Approved by |
| 03/07/2020 | | | Adaptation of Stage 3 Restrictions | Brett Rollason (THC) | Board THA |
| 06/07/2020 | | | Board Recommendations | Brett Rollason (THC) | Board THA |
| 08/07/2020 | | | Update of more Stage 3 Regulations | Brett Rollason (THC) | Board THA |
| 08/08/2020 | | | Use of Change Rooms | Brett Rollason (THC) | Board THA |
| 10/09/2020 | | | Eva Checkin Addition, modification for Carnival | Brett Rollason (THC) | Board THA |



3.0 Scope

This plan applies to Toowoomba Hockey Association's employees, subcontractors, volunteers, Affiliated Associations and their clubs, members, players and officials. It also applies to sports trainers, spectators and other users of the THA Clyde Park Facilities.

4.0 Responsibilities

Designated COVID Safe Coordinators shall ensure physical measures are in place during training sessions and games. Please refer to Appendix 1 for the COVID Safe Coordinator Duty Statement.

Designated COVID Safe Coordinators shall ensure requirements are met at the end of the last session.

Users are also responsible to ensure compliance with this plan.

5.0 Resources

1.1 5.1 Sport Support

[HQ Return to Play Guidelines under Stage 3.](#)

[HQ COVID-19 Info Hub](#)

[Hockey Australia COVID-19 Support Hub](#)

1.2 Queensland Government

[Qld Field Team Sports Industry Plan](#)

[COVID-19 QLD](#)

[Roadmap to easing Queensland's restrictions](#)

[Queensland's Return to Play Guide](#)

[Bar and Canteen COVID-19 Checklist](#)

[Qld Government identified COVID-19 hotspots](#)

1.3 Federal Government

[Environmental cleaning and disinfection principles for COVID-19](#)

[Australian Government Department of Health](#)

[How to Clean and Disinfect a Workplace](#)

[Safe Work Australia COVIDSafe Checklists](#)

6.0 Queensland Government's Key Principles

6.1 Key Considerations

- The health and safety of members, participants, coaches, officials, administrators, volunteers, visitors, families and the broader community is the number one priority;
- Members, participants, coaches, officials, administrators/volunteers, families and the broader community need to be engaged and briefed on the Field Team Sporting Industry's Return to Sport Plans which are specific to each sport;



- Facilities are assessed and appropriate plans are developed to accommodate upgraded hygiene protocols, physical distancing and other measures to mitigate the risk of transmission of COVID-19;
- Training and/or competition cannot resume until the arrangements for sport operations and facility operations are finalised and approved, if necessary; and
- At every stage of the return to sport process the Field Team Sporting Industry must consider and apply all applicable State Government and local restrictions and regulations. The Sports Industry needs to be prepared for any localised outbreak at our facilities, within our competitions or in the local community.

6.2 Key Principles

- **Contact**
Full contact is permitted on the Field of Play similar to pre-COVID contact activities. At all other times, participants, coaches, officials, trainers and spectators are to observe social distancing requirements and undertake sound hygiene practices (i.e. sanitations) as detailed in the relevant approved Industry COVID Safe Plan.
- **Facility capacity**
The total number of people to attend training, competition and events is to be based on the social distancing standard of one person per four-square metres. Group segmentation and buffer zones will be used to limit co-mingling. Risks will also be managed through mandatory record keeping, which could include the use of technology (e.g. movement tracking apps, ticket purchasing)
- **Facility usage**
All elements of community sport, recreation and fitness facilities to be accessible in line with relevant health guidelines and directives. Including revenue generation activities (i.e. canteens) to resume and use of all facilities required for training and competition (change rooms).
- **Events**
Such as championships, markets, carnivals and gala days can recommence. Organisations must ensure the relevant approvals are in place based on the number of people attending as seen in the Roadmap.

7.0 Hazard and Risk Management (H.A.R.M)

Hazard and Risk Management at THA Clyde Park shall be monitored by the President of the THA and the Facility Manager to ensure control measures are being implemented.

Users shall ensure compliance with this plan and any other Association and Club specific COVID Safe Plans.

All participants shall bring and only wear or use their own attire and equipment.

The THA will provide buckets of water and detergent to clean equipment.

No equipment shall be left at the THA Clyde Park. No lost property will be kept at the centre.



All entrants must agree to the terms and conditions of entry.

8.0 Movement, Access and Health Management

8.1 Contact

Competitions will resume at the THA and contact at training. However off the pitch social distancing requirements and general hygiene measures remain. These include:

- When possible shower at home prior to training or competition and wear clean clothing.
- Take care to store your mouthguard appropriately when not in use and don't rinse it in public if possible; don't share sticks, clothing, towels etc.
- Bring your full water bottle to training or competition with your name clearly visible on the bottle. Participants must not share water bottles.
- Use hand sanitiser when entering and exiting the venue and as required during your session.

Start times have been modified to allow time to clean dugouts and high touch areas.

The principle of 'Get in, Train or Play, Get Out' remains.

8.2 Entry and Exit

Ingress and egress shall only be via the Northern Entry Gates for field 1 and for field 2.

Please refer to the THA Clyde Park Map in Appendix 2 to identify the entry and exit points.

8.3 Fit to Enter

All staff and users of the THA Clyde Park shall not attend if in the last fourteen days they have been unwell or had contact with a known or suspected case of COVID-19.

Players who have recovered from COVID-19 infection should consider a gradual return to training.

Persons suspected of being unwell, having any respiratory symptoms (even mild) or having signs of a fever shall be denied entry and requested to return home, seek medical attention and notify health authorities.

8.4 COVID-19 Tracking

The THA Clyde Park Facility will use the online platform [GuestHQ](#) to manage attendance records. In addition to GuestHQ, a manual log will be used for those without access to GuestHQ.

For special events, QHA Eva checkin is also available for use.

It is the responsibility of COVID Safe Coordinator from each group to check off each of their group and confirming that they feel well.

Both THA and Club Glenvale will have access to the attendance records.



8.5 Reporting

Where a participant subsequently tests positive for COVID-19 Queensland Health will contact the Club and the THA to notify of the case.

Training and playing attendance records from GuestHQ and/or Eva Checkin shall be provided to Queensland Health once a case connected to the centre has been made aware.

8.6 Availability of Hand Washing Facilities and hand Sanitiser

Sanitising stations shall be available at all entry and exit points of the facility and fields. Handwashing is available in the bathrooms.

8.7 Team Change Rooms

Team Change Rooms are now defined as part of the 'Field of Play.'

Physical distancing does not apply on the 'field of play' where the activity is being carried out, but should be observed to the extent possible in all other areas of the 'field of play'.

The extension of the "field of play", allows the full team and required coaching / medical officials to use the facilities without occupant density requirements. This is only permitted if: - There are no mixing of teams - There are no other persons (e.g. spectators) allowed in with active participants.

Participants are to arrive at and depart from the THA Clyde Park in their training/Playing attire.

It is essential that before the next teams are permitted entry to the 'Field of Play,' That all areas are cleaned. This includes the Dugouts, Change Rooms and any other identified areas.

8.8 Public Toilets

The main door to the public toilets will be propped open to limit the need to touch the door handle. Please ensure this door remains open.

Access to the public toilets is limited to no more than four persons at any one time in either toilet. Participants are to self-manage this requirement. Toilets cannot be used for changing. Please arrive dressed for training/Playing.

Cleaning and sanitizing equipment is available in the toilets. It is the responsibility of the users to wipe down an area after use.

8.9 Club Glenvale Access

There will be no direct access to Club Glenvale from the THA Clyde Park Facility.

8.10 Canteen

The Canteen on the eastern side of Club Glenvale will be closed for general use. In the specific case of carnivals suitable covid safety management plans will be in place to enable the use of such facilities.



8.11 Social Gatherings

There shall be no unnecessary social gatherings before or after training sessions or Games within the THA Clyde Park Facility including the Northern Car Park.

While not within the jurisdiction of the THA Clyde Park Facility, physical distancing measures should be observed with in the on-street car parks located along Boundary Rd.

9 Hygiene

9.1 Water Containers

Participants shall bring and only use their own water bottles.

All water fountains will be turned off and not in use.

9.2 Shared Equipment

Hockey sticks, shin pads and goal keeping equipment shall not be shared.

Towels and face washers shall not be shared.

Players are instructed to minimise hand contact with hockey balls and other non-essential surfaces

The COVID Safe Coordinator is responsible for wiping down with sanitizer provided by the THA all high contact surfaces at the end of their session. This may include railings and door handles.

9.3 Shared Uniforms

Training bibs or any other clothing or equipment shall not be shared.

9.4 Handwashing and Sanitising

All participants, parents, guardians and staff shall have access to the public toilets to wash their hands with soap and water.

All participants will be required to sanitise their hands when entering and exiting the THA Clyde Park Facility.

9.5 Full Body Showers

Showering at the venue is not permitted.

Participants are to shower at home prior to training or playing and wear clean attire.

Participants are to shower at home after playing or training and wash attire.

9.6 Prohibitions

The following must be observed:

- No spitting anywhere or on any person.
- No gum to be consumed in the centre.
- No smoking in the centre.
- No sanitiser products are to be applied to people or high contact surfaces/equipment whilst on the turf as it can permanently stain.



9.7 Cleaning Schedules

Time shall be allowed for Team COVID Safe Coordinators to clean their respective areas.

Spray bottles with disinfectant will be available in the toilets. Users are encouraged to spray down the taps and basins after use.

After the last training or playing session of each evening or following an incident THC Covid Co-ordinator will clean and sanitise:-

- Toilet stall door handles, flush buttons on toilets, taps and soap dispensers;
- High contact hand rail.

Regular monitoring of paper towels, soap and hand sanitiser levels will occur.

10.0 Sports Medicine

Where reasonably possible it is recommended participants administer first aid or sport medicine themselves. E.g. complete their own ankle strapping, apply a band aid etc. In the case of an emergency call an ambulance on **000** and proceed with following standard first aid precautions.

Access to first aid rooms should only be available during an emergency, It will be cleaned by the relevant Covid Safe Co-ordinator when required.

11.0 Personal Behaviour

11.1 Greetings

Handshakes and high-fives are not permitted.

Team huddles may only be held with players maintaining 1.5m separation from each other and the coach.

11.2 Modification of Rules

Attendees requiring mobility aids shall continue to be afforded discretion to use aids such as, crutches, walking frames etc.

Where there has been contact by other participants, mobility aids shall be cleaned and or sanitised before and after use.

12.0 Communication

12.1 Electronic Media

The THA COVID Safe Management Plan will be available on the Toowoomba Hockey website.

It will be emailed directly to the leaders of each user group and available for download when booking.

12.2 COVID Safe Coordinator Induction

Each group will be required to nominate a COVID Safe Coordinator who will be attending the training with the group. E.g. Team Coach or Manager. The COVID Safe Coordinator will be required to complete an induction with the Facility Manager of the THA Clyde Park Facilities before they can gain access to the facility.



Please refer to Appendix 1 - THA COVID Safe Coordinator Duty Description for more information.

12.3 Signage

Relevant signage will be posted on the entrance gate, and throughout the venue.

13.0 THA Clyde Park User Groups

Each user of the THA Clyde Park will be required to have their own COVID Safe Plan on how they manage their people and equipment.

All User Groups will be required to agree to the terms and conditions set out by this plan before they will be provided access to train or play.

14.0 Disciplinary Action

Individuals or groups failing to comply with the requirements set out in this Safety Management Plan will be requested to leave immediately.

Where the COVID Safe Coordinator fails to comply with the team requirements or where several team members fail to comply, the entire team shall be requested to leave.

Repeat offenders will be denied further entry.



Appendix 1. - COVID Safe Co-Ordinator Duty Statement

| Duty Statement | |
|-------------------------------------|--|
| Position Title | COVID Safe Co-Ordinator |
| Purpose of the Position | To be the primary contact for a group using the THA Clyde Park Facility and to be responsible for the compliance of the group during their training or Game |
| Pre requisites and Education | <p>Before your group can train or play at the THA Clyde Park Facility you must attend an induction at the THA and agree to the terms and conditions of training under the Queensland Governments Stage 3 restrictions.</p> <p>As part of your role, you may wish to view the following course: Infectious Control – This is a very quick and easy online course to review all the important facts to stop the spread of the virus. It takes between 10 and 20 minutes.</p> <p>TAFE COVID SAFE – Although this course refers to dining in. The first section covers off on general information such as hygiene and cleaning.</p> |
| Duties | <ul style="list-style-type: none"> • Be familiar with the THA Covid Safety Management Plan. • Be responsible for your group and ensure they follow the THA COVID safe rules. • Manage the attendance register in GuestHQ by marking off those present in the facility at the time of training or playing and confirming that they feel well. • Communicate the rules and terms and conditions of entry to your group. • Manage the time to ensure your group is in and out on time. • Wipe down any high touch points before leaving your zone. • Clean all equipment that will be shared with the next group in the designated cleaning solutions provided. • Ensure all belongings have been taken after the training session. Nothing should be left behind. • Be the point of contact between your group and the THA. |
| Approved by | Board THA |
| Date | 03/07/2020 |

Appendix 2. Map of Zone



No Access from Playing Area to Club Glenvale.
Club Glenvale Access is only from the Main
Entry in Carpark.
Carpark in front of Club for Patrons.